



Monthly Activities

Month: January

Age Group: Fours/Pre-K



Theme: Music Appreciation, Art Appreciation, Winter & Hibernation, Snow & Ice

Community Helper: Musician/Artist

Alphabet: Mm, Nn & Oo

Math Concepts: One-to-One Correspondence

	Monday	Tuesday	Wednesday	Thursday	Friday
Week 1 Music Appreciation	Make homemade instruments from materials around the house.	Have a dance party with the instruments you made the day before!	Talk about the different types of music that you like and draw a picture of you dancing to it.	Paint on a blank piece of paper while listening to different types of music.	Listen to some Jazz music and talk about the different instruments used in that kind of music.
Week 2 Art Appreciation	Go on an art hunt in your home. What did you find? What is your favorite piece of art?	Notice the illustrations in a nightly bedtime story. How do you think they were created? Paints? Drawing? Etc.	Freeze colored ice cubes and put it in a tub. Explore what happens!	Paint with jingle bells in a shoebox: Tape paper to the inside, add paint & bells. Cover & shake!	Visit the Children's Museum over the weekend.
Week 3 Winter & Hibernation	Talk about animals that live in cold places. Draw a picture of your favorite one.	Build a den with blankets to read a bedtime story in!	Choose a stuffed or plastic animal and decide whether it hibernates, migrates or adapts, & act it out.	How do people adapt in winter? What kinds of things do you do to stay warm? Make a list.	If you could choose one favorite food to store up for the winter, which would you choose? Draw a picture.
Week 4 Snow & Ice	Make a snowflake out of paper by folding and cutting shapes out.	Write a short story about the snow. Illustrate.	Freeze toys in water. Explore.	Talk about the weather in the places that you grew up in.	Build an igloo out of sugar cubes.